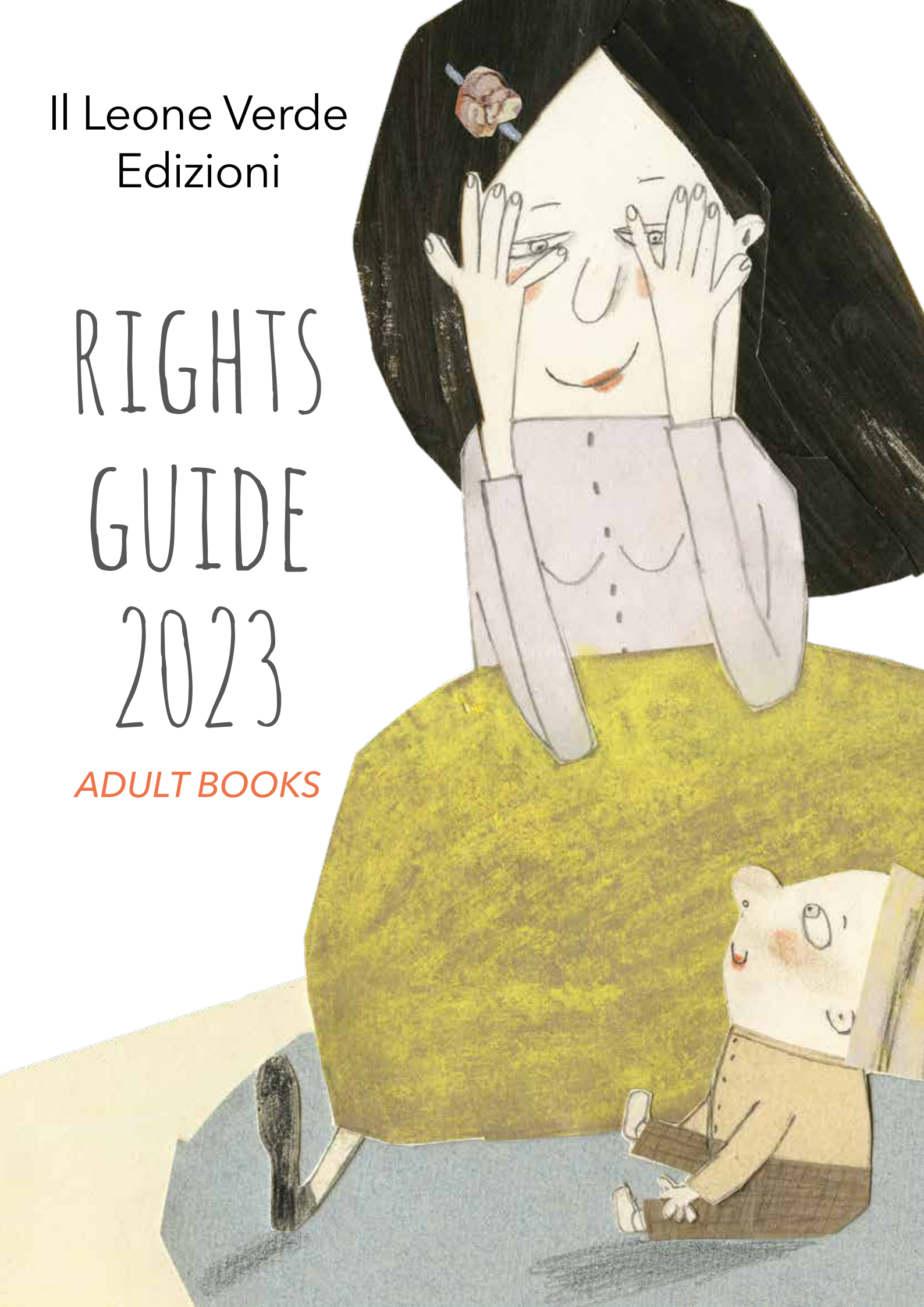


Il Leone Verde  
Edizioni

# RIGHTS GUIDE 2023

*ADULT BOOKS*



# Il leone verde Edizioni

## About us

Il leone verde is an Italian independent publisher founded in 1997, which has specialized in texts on **parenting/child-welfare** (childbirth, breastfeeding, mothering, baby-wearing, co-sleeping and many others) and issues related to growing children. Many of these have been translated and published in foreign languages, among which Spanish, French, German, Greek, Chinese, Arabic, Hungarian, Polish, Lithuanian, Serbian, Russian, Georgian.

The offer is completed by an important series dedicated to **Maria Montessori and her thinking**, that includes unpublished works by Maria herself, together with works by her grandson and other major authors inside the Montessori world.

*Our series for parents, teachers  
and early childhood educators:*

**Il bambino naturale**  
*(The Natural Child)*

**Il bambino naturale in tasca**  
*(The Pocket Natural Child)*

**Appunti Montessori**  
*(Montessori Notes)*

**Parliamone**  
*(Let's talk about)*

## Series: Il bambino naturale (*The Natural Child*)

# Il bambino naturale

Book series for **expectant mothers**, new moms and **new dads** who want to learn or enter the children world, **high-contact care** and **conscious parenting**. For a relationship between parents and children based on love and respect.



Sara Honegger

### **A World of Baby Food**

*Mothers' Experiences About Baby-Feeding From Zero to Six*

ISBN: 978-88-9517-740-3

pages 144 € 14,00 2008

During the first months of a baby's life, the attention to products is fundamental. Such attention could be the first step to a new, more respectful approach to the environment and people diversity. This is the starting point of the author's tour around the world of baby-food, offering recipes, memories, suggestions and experiences about breastfeeding, family meals, baby food and food experiments belonging to mothers from many different countries. A tour throughout diversity leading to a single goal: healthy food for a healthy world and mankind.



Isabelle Fox

### **Being There**

*The Benefits of Being a Stay-at-home Parent*

ISBN: 978-88-9517-731-1

pages 224 € 18,00 2009

**ENGLISH RIGHTS RESERVED**

Millions of infants and toddlers in today's Western world are deprived of nurturing care due to both parents working and the frequent changing of primary caregivers. This problem has reached epidemic proportions in the 1990s. Here is an important book that takes an honest look at this issue, suggesting hints for consideration and key concepts for the psychological well-being of children, as well as practical solutions to offer our kids - depending on one's family ties and professional commitments - the best opportunity to feel taken care of, understood and loved.



Paola Negri

### **Taste of My Mummy**

*Breastfeeding Beyond The First Months*

ISBN: 978-88-95177-45-8

pages 178 € 16,00 2009

Breastfeeding practice is being widely promoted and boosted; that is why a higher number of mothers choose to keep on nursing their babies up to two years or more, according to WHO's recommendations. Yet, updated and consistent information about nursing one to two-year-old babies is hardly available. This book provides useful information and advices for mothers who decide to breastfeed their toddlers, but it is also a useful tool for health-care professionals, educators and mother-care professionals to more respectfully and empathically operate with mothers and their babies.





Giorgia Cozza

**Coping with a Pregnancy Loss**

**POLISH AND LITHUANIAN RIGHTS SOLD**

*Thoughts and Experiences About Prenatal Loss*

ISBN: 978-88-95177-63-2

pages 208 € 16,00 2010

Miscarriage is an overwhelming grief for an expecting mother. A pregnancy loss is a promise of immense joy falling into pieces, along with deep astonishment, disappointment and sorrow. This book is meant to answer all the main questions resulting from the loss of a child during pregnancy or immediately after birth. Why did it happen? Will I ever be a mother? Are medical check-ups and tests necessary? What about future fathers? How does a man feel about a pregnancy loss?



Elena Balsamo

**Love and Freedom**

*The Montessori Approach for a Natural Pedagogy*

ISBN: 978-88-95177-59-5

pages 358 € 20,00 2010

Here is a guide for all parents who intend to revolutionary approach their children's upbringing and care, according to the innovative Montessori educational model. Physician Maria Montessori originated a new educational method for children from 0 to 15 and founded the Montessori schools, which are globally known and widespread. After a thorough research on Montessori philosophy and pedagogy, the author has here summed up her original vision and thinking of Maria Montessori, pointing out some neglected aspects of her approach.



Alessandra Bortolotti

**You're Spoiling Her!**

*Cultural Prejudices vs Your Baby's Indefeasible Needs*

ISBN: 978-88-95177-75-5

pages 232 € 16,00 2010

There are many books about mothering, which are usually written in the form of guides for parents and kids, proposing magical recipes for happiness. This book suggests no one-size-must-fit-all methods, but is targeted to unique parents who intend to get personally involved with childraising and make free, informed and autonomous decisions without bias and cultural prejudices, according to their own heart and instincts. The author also draws to rich bibliographical resources revealing recent neuroscientific discoveries and research on the physiology of pregnancy, childbirth and breastfeeding.



Elena Dal Prà

**Bye Bye Nappies!**

*How to Say Goodbye to the Diaper in an Educational, Ethical and Ecological Perspective*

ISBN: 978-88-95177-46-5

pages 148 € 15,00 2011

Potty training is a crucial step to indipendence, which may often imply pain and distress both in children and parents. This book was designed to provide an easy-going approach to potty training, against all resignation and despair, as well as a number of useful tips on how, where, when and why to cope with it! Here is a practical, kid-sized guide to potty training inviting all parents to be observant and respectful of their children's time for nappy-bye.



Paola Negri

**All Moms Have Milk (2nd ed.)**

*What Should be Known About Breastfeeding and Bottle-feeding*

ISBN: 978-88-6580-015-7

pages 254 € 18,00 2011

**SPANISH RIGHTS SOLD**

Breast milk has been feeding human infants since mankind's origins. However, breastfeeding has been dramatically decreasing and replaced by bottle-feeding. Why? Is it true that only some "lucky" mothers can breastfeed? Why do so many women believe their milk is not good enough? This book clearly provides answers to these questions, as well as accurate analysis about the effects on children's life.



Giorgia Cozza

**Will You Read to Me?**

*How to Lovingly Interact with Our Kids Through Stories, Fairy tales and Nursery Rhymes*

ISBN: 978-88-6580-035-5

pages 280 € 18,00 2011

Fairy tales, stories and nursery rhymes are repeatedly read, sung, told, dreamt or made up on the spur of the moment, using your heart and voice, to tell your baby the wondrous story ever: the story of your love for them. What would your baby hear in your tummy? Why is it so important that you read and tell stories to your kids starting from their first months? How can the love for reading be enhanced during the school years? Are classic fairy tales still loved? In this book science, experts, as well as practical information, give an answer to all of these questions.



Claudia Porta

**My Mummy Stays with Me**

*Reconciling Family and Work with Internet*

ISBN: 978-88-6580-026-3

pages 176 € 16,00 2011

When a baby is born, professional life comes to an end for many women, but if monthly salary is strictly necessary, working mothers are compelled to have other people care for their kids. You can now balance work and family needs thanks to available web resources, which make mothers rethink about their own professional skills, passions and ambitions, starting from their own creativity and self-initiative.

This book is based on the author's personal experiences and provides with useful tips for all mothers who wish to return creatively to work after maternity leave.



Eva Benso

**Dyslexia**

*A Guide for Parents and Teachers: Theory, Treatments and Games*

ISBN: 978-88-95177-52-6

pages 160 € 18,00 2011

**GREEK AND ARABIC LANGUAGE RIGHTS SOLD**

This book aims to eliminate all labels and commonplaces through a clear, well-framed analysis of dyslexia and its underlying reading processes, including language, perceptual, visual and attentive ones. Indeed two dyslexics are not alike. The key word here is "training" just like attending a mental training ground. That is why this book is also providing a series of recreational and amusing reading exercises which include images, stories and hand activities which are all involved in the preparatory process.



Elena Balsamo

### **Born Before Time**

*How to Worship the Sacredness of Birth and Lovingly Welcome Your Premature Child*

ISBN: 978-88-6580-027-0

pages 136 € 14,00 2012

In this book Elena Balsamo deals with the issues of pregnancy, childbirth and newborn reception, seen from a point of view that is unusual for health workers: the spiritual one. The exploration of the dimension of sacredness is carried out in two parts: the first refers to welcoming the newborn in normal conditions, when all is well; the second one is dedicated to the most difficult and problematic cases, as in the case of premature or somehow traumatic parts, offering a new vision that opens the door to hope and confidence in change.



Claudia Porta

### **Would You Play with Me?**

*How to Creatively Help Your Child Grow Up*

ISBN: 978-88-6580-042-3

pages 178 € 16,00 2012

**SERBIAN RIGHTS SOLD**

When we are kids, we can play, but as soon as we grow up we progressively stop and realise that we are no longer able to play as we become parents. Playing with our children can foster a very deep relationship with them. If you pay attention to their play, you will hear and understand all that they cannot tell you yet.

This book underlines the importance of play in all its aspects and provides some creative ideas to be easily carried out with and for your kids.



Elisa Arturo

### **Eco-family**

*Thoughts, Experiences, Ideas for Greater Awareness and Orientation More Sustainable*

ISBN: 978-88-6580-046-1

pages 209 € 16,00 2012

**SPANISH RIGHTS SOLD**

Today, ecology is a very trendy issue: there is a lot of talk about washable nappies, biodegradable bags, separate collection, organic food, which are sometimes considered exclusive choices for people with lots of money and time. Actually, giving our children a cleaner and healthier Planet is now an emergency implying a concrete change. This book provides a number of useful tips to be cheaply green, teach your children how to respect the Planet and adopt environmentally friendly habits with other families. It also gives some advices for shopping, self-production, creative play, holidays, waste collection.



Eugenio Serravalle

### **Overvaccinated Children (2nd ed.)**

*Getting the Right Information to Make a Responsible Choice*

ISBN: 978-88-6580-037-9

pages 355 € 20,00 2012

**SPANISH RIGHTS SOLD**

«During my medical practice I realized that I had uncritically accepted the idea of absolute effectiveness and safety of vaccines: I observed that non-vaccinated children were far less affected by the most common paediatric diseases than vaccinated children, and met parents whose children fell severely ill, or even died, after being administered a vaccine (...)»

From the Author's Foreword.

**10,000  
copies sold!**





Emanuela Rocca

**Labouring and Giving Birth without Fear**

*How to Interpret Pain Functions During Childbirth and Relieve It Naturally*

ISBN: 978-88-6580-062-1

pages 104 € 13,00 2013

Labour pain, often seen as an enemy to be defeated at all costs, could be interpreted as a powerful guide offered by Nature towards birth, helping the mother during this such delicate moment.

This is a guide for future mothers – and all those who may be interested in deepening such issues – to discovering all the tools to give birth consciously, healthily and without fear!



Esther Weber

**Babywearing**

*An Old, Yet Up-to-date Solution to be Comfortably Close to Your Baby*

ISBN: 978-88-65800-58-4

pages 278 € 18,00 2013

In recent years, babywearing has been increasingly adopted by Italian mothers. This book is meant to point out the benefits of the ancient art of carrying babies in the parent-child relationship, and to provide a list of techniques and accessories available for carrying your baby.



Alessandro Costantini

**Wonderful Childhood**

*From Freud's Lies to the Children's Truth*

ISBN: 978-88-6580-077-5

pages 142 € 15,00 2013

This book represents a milestone for all those people – parents, educators, lawyers, psychologists, trainers – who, in different ways, deal with childhood and children. It is a book devoted to demolish the black pedagogy meant to be “against the child”, and to create and spread a new culture of childhood that sees children as a treasure to protect and defend.



Giorgia Cozza

**All Mothers Have Milk But Me!**

*Some Useful Tips, Thoughts and Experiences About Breastfeeding Failures*

ISBN: 978-88-6580-064-5

pages 168 € 15,00 2013

This book tells about story of “non-breastfeeding”, which is the story of the author, and also the story of many mothers who can therefore recognize themselves in the situations and emotions described. It is a story of painful feedings and fissures, milk that does not arrive, children who grow too little, tired mothers, frustrating attempts and unkind comments... To reprocess your experience, to nourish your baby with cuddles and tenderness and, why not, to happily breastfeed any siblings that will come.



Andrea Di Chiara

### **The Right Breathing**

*Protecting Children from Enlarged Adenoids, Allergies, Respiratory Tract Infections and Other Pathologies*

ISBN: 978-88-6580-067-6

pages 256 € 18,00 2013

The mainstream mindset leads us to think that issues like allergies, enlarged adenoids, crooked teeth, frequent colds, snoring, asthma and learning disabilities are just a fact of nature for most children. Are we sure that is really how it has to be? Here the situation is summed up using both old and very new evidences, providing several practical solutions for treating an allergic child at home, in addition to advice to switch from a passive pill-dispenser family to a model in which parents are actively invested in aiding their children's natural and balanced growth.



Giorgia Cozza (author), Barbara Vaccariello (illustrator)

### **The Nine Months Calendar**

ISBN: 978-88-6580-078-2

pages 44 € 14,50 2013

The Nine Months Calendar accompanies future parents for 42 weeks, from the very first days of pregnancy to the first months of the newborn's life, with a lot of information (about pregnancy, childbirth, taking care of the baby), useful addresses, reading advice. The Calendar can be used as a planner to write down important appointments and as a diary to record major events, nice stories, physical sensations but also emotions, doubts, dreams, hopes... All those special moments it will be great to reread and remember.



Maura Gancitano

### **Natural Hygiene and Cosmetics**

*How to Produce your Household, Baby and Family Hygiene Products*

ISBN: 978-88-6580-061-4

pages 150 € 15,00 2013

Interest towards natural hygiene has been growing up in the last few years. This is why many cosmetic and detergent manufacturers propose "natural" and "eco-friendly" products, which - however - are often the same as ordinary products. In this book you can find useful tips and information on how to read a list of cosmetic ingredients, gently clean and moisturise your baby's skin and sanitise your household in a quick, cheap, natural and eco-friendly way. A number of recipes for producing ecological and organic cosmetics and detergents using a few, simple ingredients are also available.



Alexandra Schwarzer

### **Playing in the Woods**

*How to Play among the Trees Using Ropes, According to Nature Pedagogy*

ISBN: 978-88-6580-056-0

pages 208 € 18,00 2013

**GERMAN RIGHTS RESERVED**

Children really need to move freely in a highly challenging and stimulating environment. Woods are the best place where your kids' senses can be awakened, especially if you have a rope with you and you know how to tie the right knots.

This book is a step-by-step, practical guide to more than 30 original games and activities based on ropes and knots, all tested by the author herself. Practicing balance, swinging or simply climbing on hammocks and swings will get definitely easy to your kids, according to their personal inclinations and tastes.





Elena Balsamo

**I Am Here with You (2nd ed.)**

*The Art of Maternage*

ISBN: 978-88-65801-112-9

pages 302 € 18,00 2014

The author presents a revolutionary point of view on perinatal life and birth. The first part of the book explores the practice of nurturing with some references to different cultures and knowledge of motherly care, which turn out to be similar all over the world. The second part is a real *excursus* through which women live again their own intrauterine experience and childbirth, which are unique and different for everyone. This book is a therapeutic tool dedicated to mothers and fathers, but also to healthcare professionals, to recall the beginning of their own life and change the schemes that limit it.



Giorgia Cozza

**Washable Diapers**

*Guide to Textile Diapers from Birth to Potty-chair*

ISBN: 978-88-65800-90-4

pages 180 € 16,00 2014

More and more families are interested in the world of cloth diapers. The cloth diapers, in addition to being respectful of the environment, are more comfortable and healthy for babies, and definitely a cheaper solution. But how these diapers work? How to choose models, sizes and textiles? This book offers the answer to all the questions related to this subject, and many practical advices about how to use them properly.



Elisabetta Malvagna

**Home Birth**

*To Be Born in the Intimacy of the Family, in a Natural Way*

ISBN: 978-88-6580-052-2

pages 150 € 15,00 2014

Today more and more women wish to take the lead in their childbirth, in an atmosphere of intimacy and confidence, to live their motherhood more like a personal expression of their potential and less like a passively endured event. In this book, Elisabetta Malvagna inquires this practice with reporter insight and without any preconceptions, supporting her findings with the wide documentation taken from scientific literature. However, this is not just a book about home birth; the author also expresses a deeper reflection on women conditions and childbirth in modern society.



Grazia Honegger Fresco

**Beddy-by (2nd ed.)**

*What All Parents Should Know About Sleep Train Methods Applied To Babies*

ISBN: 978-88-8713-991-1

pages 139 € 14,00 2015

Among all books and handbooks providing fast and easy sleep train methods for newborn babies, the one by Eduard Estivill is surely the most sadly notorious: his method is well-known to children health care specialists (and reported by some paediatric associations) due to its violence and potential damages to children. This book, written by an expert in Montessori pedagogy, explains the reason why you should reject all "fast and easy" sleep train methods and provides soft, respectful approaches to face baby sleep problems, as well as useful advices by experts and children health care specialists.



Ilaria Caprioglio

### **Adolescence**

*Parents and Children in Transition*

ISBN: 978-88-6580-116-1

pages 118 € 14,00 2015

Adolescence is a period of physical and psychological metamorphosis, experienced by our children under the influence of the digital world, that could be often negative. Teenagers left alone in "self-management" tend to orient themselves to their peers, enduring the pressure of modern society marked by narcissism, consumerism and competition. Parents should return to take on the leadership role, with coherence and responsibility, to educate their children in a genuine desire for growth. Parents and children need to stay together.



Sonia Coluccelli

### **Is Another School Possible?**

*Authors, Experiences and Educational Perspectives Towards School Courses to Listen to the Children*

ISBN: 978-88-6580-113-0

pages 185 € 16,00 2015

The book proposes educational experiences that start from a critique of the traditional school and are presented as alternative routes to it. Each chapter presents a pedagogical vision and its implementation, giving a panorama over the possible choices to those who struggle to recognize in conventional school systems an adequate response to the real needs of learning, growth and development of each.



Elisa Mazzoli

### **Do You Make Me a Story?**

*Making up, Telling, Living Fantastic Adventures Everyday with Our Children*

ISBN: 978-88-6580-139-0

pages 184 € 16,00 2016

A serious and funny, challenging and practical handbook, full of recipes, stories and references to know and apply narrative strategies in family life with children.



M. Filippa, E. Malaguti, C. Panza, M. Staropoli

### **Sing for Me Again!**

*Ancient Melodies and Games to Grow Up with Music*

ISBN: 978-88-6580-162-8

pages 140 € 16,00 with CD 2016

In this book you can find a collection of ancient melodies, that were sung and played for centuries. There is a collection of games that were handed by grandparents to us, to play with our children, in pair or with a lot of people. Songs and games with ancient stories that were shielded by time, that here are commented by parents, experts of music, pedagogists and pediatricians, who can help children and parents to find their origin and put down vital, joyful and musical roots in our modern world.



Giorgia Cozza

**No Cost Baby (3rd ed.)**

*A Guide to Critical Consumption to Welcome and Take Care of a Baby at our Best*

ISBN: 978-88-6580-145-1

pages 288 € 18,00 2016 **POLISH, HUNGARIAN AND SPANISH RIGHTS SOLD**

"How much will it cost me to have a baby?". This is a quite common question among future parents: they want their babies to have anything they need, regardless of the cost. Here is a provocative book which intends to question the main clichés about baby products, so as to show how "essential" pregnancy products and baby products are actually quite useless, or even dangerous.



Giorgia Cozza

**No Cost Baby Grow up**

*Less Objects and More Affection for Growing up Happy from Early Childhood Until the Threshold of Adolescence*

ISBN: 978-88-6580-136-9

pages 320 € 18,00 2016

For a child only the best. But what is the best for a child? It comes again the same question that had been the starting point of the best-seller *Bebè a costo zero* (*No cost baby*), the guide to critical consumption for new and future parents that has helped thousands families in avoiding unnecessary costs. Now, with this book, the focus switches to older children, starting from the age of two until the threshold of adolescence.



Franco De Luca

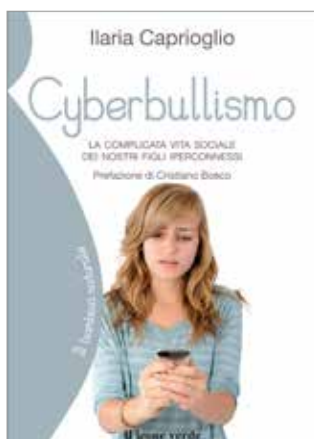
**Children and (Too Many) Drugs**

*How to Protect Our Children from Overmedicalization*

ISBN: 978-88-9517-742-7

pages 148 € 15,00 2016 **SPANISH RIGHTS FOR LATIN AMERICA AND USA SOLD**

This book was conceived and written in order to help parents getting more self-confident and skilled while taking care of their growing kids. As the main solution to children's problems is drug administration, the author intends to provide parents with a critical approach in order to make them aware of all risks and damages due to the drug solution. He also provides a list of recipes for homemade preparations and food which can treat slighter disorders.



Ilaria Caprioglio

**Cyberbullism**

*The Complex Social Life of Hyper-connected Teenagers*

ISBN: 978-88-6580-178-9

pages 95 € 10,00 2016

In the complex social life of hyper-connected teenagers, cyberbullying is rapidly growing; this happens with the complicity of adults, who don't provide their children with adequate media education, because they believe that native digital children are perfectly well-equipped to face up the web world without risks. The virtual world reflects and sometimes amplifies the drift of the real one, and this forces parents and educators to reflect on their own responsibilities without the scapegoat of the digital demon, useful to lighten the consciences underneath the comfortable cover of the "digital kid" myth.





Elena Lupo

**The Treasure of Sensitive Children**  
*How to Know, Manage and Enhance It*

ISBN: 978-88-6580-165-9  
pages 166 € 16,00 2017

The highly sensitive people are the 20% of the general population that “live” differently what happens to them and surrounds them, in a more profound, emotional, empathic way. Studies on this trait of character are quite recent and clarify interpersonal dynamics that are often lived wrongly or with embarrassment. This book is aimed primarily at parents and professionals and wants to recognize hypersensitivity in children and enhance it in the best way.



Beatrice Castelli

**Growing Up with Bach Flower**  
*From the Birth to the Adolescence*

ISBN: 978-88-6580-176-5  
pages 200 € 16,00 2017

Bach Flowers represent an invaluable aid not only to deal with all the fundamental steps of development of the child, but also to handle emotional or physical stress related to particular events such as the birth of a brother, a family crisis, exams, etc. This book explains how to use this brilliant and simple method to solve the small and big problems that affect children everyday; you will learn to know, step by step, the characteristics of each floral remedy and the key symptoms to identify it. Finally, you will learn how to create a suitable mixture for your child and set and control a flower therapy.



Elena Balsamo

**Travelling Companions**  
*How Adults and Children Together Can Help Each Other Recover*

ISBN: 978-88-6580-153-6  
pages 420 € 20,00 2017

The best-selling author of *I'm Here With You* and *Love and Freedom*, after discussing mothering and education, in this last book is dealing with health, from her original and personal perspective. According to her personal experience of paediatrician and “patient”, Elena Balsamo provides the reader with a clear view of alternative therapeutic tools available to families and especially to the mother-baby couple, but also with many considerations about the meaning of illness and on the message of symptoms, with the aim of transforming pain and suffering into a chance of evolution.



Giorgia Cozza

**Welcome Little Brother, Welcome Little Sister (2nd ed.)**  
*How to Welcome the Newborn and Foster Positive Sibling Relationships*

ISBN: 978-88-6580-057-7  
pages 250 € 16,50 2018

When you are expecting a baby and your family is expanding, it is important to find a new balance between parents and kids. In this book, useful tips are provided to help first borns and older brothers or sisters waiting for and welcoming the newborn, as well as information by psychologists and pedagogists to help overcome problems including regressive behaviour or jealousy.

**GREEK AND SIMPLIFIED CHINESE RIGHTS SOLD**



Barbara Bonci

**Skin Love**

*The Importance of Contact During the First Year of Life*

ISBN: 978-88-6580-193-2

pages 120 € 13,00 2018

The main goal of baby massage is to strengthen the link and harmony already existing between parents and children and to contribute to the creation of a contact especially in those cases in which children and parents have been physically separated immediately after birth.

Barbara Bonci combines past knowledge with recent research techniques and theories to enhance the long and wonderful tradition of baby massage, discussing fundamental topics concerning massage and contact with the child.



Alessandro Volta, Ciro Capuano

**Breastfeeding Explained to Dads**

*The Essential Support for Mum and Child*

ISBN: 978-88-6580-195-6

pages 108 € 13,00 2018

In recent times, many moms have regained breastfeeding, even though sometimes it remains to persuade one of the most important actors to establish and continue a good breastfeeding: the father.

In this smooth and pleasant booklet, the pediatricians Alessandro Volta and Ciro Capuano tell an imaginary father all the things that every father must know in order to provide the indispensable help and support to the mother-child couple.



Elisa Mazzoli

**Make a Book, Make Another**

*Stories, Rhymes, Effective Storytelling Paths for the Daycare*

ISBN: 978-88-6580-214-4

pages 160 € 18,00 (with CD) 2018

What are the contents, the right tools to have fun with stories, songs, nursery rhymes, books, and to stimulate the processes of emotional and cognitive development of the youngest children? A simple and engaging manual that invites us to get involved with hands, voice, head and heart to choose, browse, build books and lead children in their first adventures with sweet and funny stories. It contains a CD with 10 unpublished songs for the daycare (lyrics by Elisa Mazzoli, music by Silvio Bertozzi).



Giulia Manzi

**Scholastic Evaluation**

*The Influence of Judgement on Our Children's Motivation*

ISBN: 978-88-6580-216-8

pages 120 € 14,00 2019

The book deals with the burning issue of evaluation and how the bad understanding of it affects the growth of students, not just in school, but throughout life.

Starting from personal experiences, the text refers to the analysis of the systems and criteria of scholastic judgement, the relationship between families and teachers and the need for a school that gives priority to the student, his needs of learning and personal development. A book aimed at adults - parents or teachers - to approach the world of students from a different point of view.



Eugenio Serravalle

**Vaccination: Searching for the Lower Risk (2nd ed.)**

*Immunize Yourself from Fear, Choose Freely*

ISBN: 978-88-6580-203-8

pages 368 € 22,00 2019

Are all kinds of vaccines the same? What is their duration? What's the efficiency? What does it mean "herd immunity"? Is it the same for all of the diseases?

These are some of the questions answered by Eugenio Serravalle's book, which meets the necessity of a large number of parents to have a more precise idea regarding this matter after the hail of statements, stances, ministerial decrees and steps back even from the institutions themselves. This book represents an indispensable reading to learn and apply our critical sense on matters in which we often find ourselves helpless.



Gino Soldera

**Raising Your Child to Be Himself**

*To Become Who We Are*

ISBN: 978-88-6580-215-1

pages 208 € 18,00 2019

Understanding the human being and the baby in his totality since prenatal life: this is the key of the method inside "Raising to Being". Its purpose is to help parents to accompany their children in their path of growth and personal development. The purpose is to allow the baby to fully be himself and to achieve his life project, that represents the real reason of his presence in this world. Education is a great opportunity, not yet fully understood, that becomes an irreplaceable source of human richness for the parents and the whole of society, all by allowing the baby to discover and express his potentialities.



Elena Balsamo

**Dear Mother**

*Ideas for a Conscious Motherhood*

ISBN: 978-88-6580-220-5

pages 112 € 13,00 2019

This little book was born from the delicate pen of Elena Balsamo: a collection of works, each one dedicated to the theme of motherhood, that winds along the lines of poetry and epistolary relationship to create an inner space of dialogue between mother and baby.

This is a book dedicated to every son and daughter facing the difficult process of elaborating their own personal story, but mostly a tribute to all mothers that do or have done the most important job in the world. And, last but not least, this is a gift to all women preparing to become mothers, so they can do so in full awareness.



Filomena Senatore

**Digital Children**

*The Alteration of Creative Thought and the Decline of Empathy*

ISBN: 978-88-6580-219-9

pages 128 € 14,00 2019

In our society, characterised by rapid transformations, every existential dimension has been revolutionised by Internet and digital devices, especially smartphones. Since a few years, they acquired a new role, becoming a plaything and a boredom buster for children. And the adults let this happen without giving it importance. Which future scenarios could we expect? It is necessary more than ever for all of adults to be aware of this, in order to give to childhood its most authentic dimension.





Claudia Porta

**Mindfulness for Parents**

*Tips and Exercises for Practicing Awareness within the Family*

ISBN: 9788865802519

pages 104 € 12,00 2019

Being a conscious parent is the key to live authentic and fulfilling relationships with your children. In this book, the author wants to provide concrete help to all parents who wish to strengthen this awareness, without necessarily spending too much time on meditation. A useful tool for dealing with all those situations that seem to be out of our control, such as the whims of toddlers, frictions with children and difficult family relationships. A smooth and easy-to-read book that suggests exercises to do alone or with children, to fully enjoy many benefits that this practice can give.



Romina Cardia

**Listen to a Child**

*High Contact Parenting and Sweet Discipline*

ISBN: 9788865802694

pages 124 € 14,00 2020

Why does my child have all these awakenings? Why does he stop crying, if I offer him my breast every time he asks for it? What does it mean to always hold him in our arms and let he sleep in the bed with us? Romina Cardia asked these and many other questions, becoming a mother. The studies and scientific research cited within the text confirm the thesis supported by the authoress, namely that breastfeeding, high contact, babywearing, co-sleeping or bed-sharing and sweet discipline are all practical in favor of a serene children growth and satisfying parenting.



Antonella Sagone

**The Tenderness Revolution**

*Raising Children with a Gentle Guide*

ISBN: 9788865803097

pages 232 € 18,00 2020

Beyond the wrong choice between authoritarianism and laxity, in the education of children there is a third way: that of kindness.

Through a kind presence, a honest and respectful dialogue, listening to their feelings and needs and without renouncing their role as guides, adults can accompany children to become integral, empathic individuals, with a solid emotional base and the ability to interact with others and the environment around them, making the world better.



Simona Cassarino

**Rediscover the Pleasure of Handwriting**

*Physiology and Pedagogy of Writing, Prevention of Dysgraphia*

ISBN: 9788865803127

pages 142 € 15,00 2021

Handwrite abilities of new generation are really compromised by the massive use of technologies and the resulting impoverishment of manual skills. This book, richly illustrated, is aimed to primary and nursery school teachers: it suggests appropriate tools, methodologies and exercises to prepare the graphic gesture for cursive and block letters, encouraging the acquisition of a smooth, clear and harmonious handwriting, and preventing dysgraphia and other writing difficulties.



Vera Gandini

**Weaning: Just a Family Business!**

*Learning Eating Right from a Childhood*

ISBN: 9788865803080

pages 113 € 14,00 2021

Weaning is a very important and delicate phase in the baby life and mum and dad, through conscious choices, have the opportunity to influence their children's eating habits, that tend to persist into adulthood.

Furthermore, early food choices do not only affect growth and health in the short term, but also reflect on the well-being of following years.

A book to reflect on what we bring onto the table and improve the nutritional model of the whole family.



Luciano Proietti

**Keep Calm and Be Focused!**

*Child Accident Prevention and First Aid Advice*

ISBN: 9788865803264

pages 116 € 15,00 2021

Injuries, cuts, traumas, burns, suffocation, ingestion of toxic substances... Knowing what to do in case of an accidents involving a child is very important to reduce the disabling effects and mortality: a correct and effective action first aid, indeed, with the resources you have available at the time, can make a difference.

In this illustrated handbook, with a very practical slant, the pediatrician Luciano Proietti describes how to act promptly (before the doctor or ambulance arrive), and guides the adult towards a fundamental responsabilization of their child.



Antonella Sagone

**The Authentic Child**

*Recognising and Avoiding Manipulation in Parenting*

ISBN: 9788865803981

pages 130 € 16 2022

Although the importance of respecting and listening to children's emotions and needs is increasingly emphasised, an educational style of flattery and blackmail, rewards and punishments, still prevails in our culture.

In this book, author Antonella Sagone describes the conditioning mechanisms of children and their parents. Awareness of these processes of mystification is a difficult and painful journey, but it is important to know that that authentic, whole, bright child is still hidden in the depths of every adult and that each of us can be a better parent, day after day.



Elena Balsamo

**Children's Health**

*How To Help Them Grow Up Happy*

ISBN: 9788865803912

pages 104 € 14 2022

Elena Balsamo summarises in this book the most important topics concerning children's health from a holistic point of view and offers parents her wealth of experience from many years of paediatric practice with little ones. Above all, however, she tries to convey the message that is closest to her heart: the secret of health lies in the perinatal period! This work also has an educational purpose, to make parents increasingly aware of the great task that awaits them for which they must be rigorously prepared. That is why, before educating children, we should educate the adults who are their guardians.



Patrizia Scanu

### **Beyond the School and the Homeschooling**

*Repairing the Pandemic Damage and Educating for the World to Come*

ISBN: 9788865804124

pages 130 € 15 2022

The long pandemic crisis has left a perhaps indelible mark on the psychic health of children and young people and has reduced the Italian school to reneging on decades of a culture of inclusion and centuries of good educational practices. For this generation, we need a tailor-made education and a restorative pedagogy, capable of laying the foundations for a different way of doing school. We should go beyond the school, towards new educational models, respectful of the fundamental needs of growing individuals and inspired by the humanistic ideal of integral education.



Maria Letizia Trento

### **First Dips and Newborn Aquatics**

*A Guide with Exercises and Games for Exploring Water*

ISBN: 9788865804148

pages 100 € 14 2022

A guide to help children familiarise with water.

The aeroplane, the bridge, the zoo. There are so many games that can be played in the water to experiment new movements in freedom. *First Dips and Newborn Aquatics* was created to help the little ones discover this magical element in a natural way, giving adults tools and information to stay close to them. Full of exercises, stories, anecdotes and simple but valuable technical information. A useful guide for parents and professional trainers.



## Series: Il bambino naturale in tasca (*The Pocket Natural Child*)

Practical and easy-to-read guides that combine the rigor of information to the immediacy of short texts and funny cartoons.



### **Din-din Is Easy!**

*Some Useful Tips to Help Your Baby Love New Food and Tastes, and Avoid a Number of Common Mistakes*

Author: Giorgia Cozza

Illustrator: Maria Francesca Agnelli

ISBN: 978-88-6580-048-5

pages 104 € 9,00 2012

When all her food is on the floor (and on the ceiling too!), all information available is a bit confused (only baby food is allowed, but also macaroni...), your baby eats too little, too much or does not eat at all (and surely no vegetables)... Well, it is time for you to sit down and read this book. This is a practical, easy-to-read and original guide that informs and supports mothers feeding their babies through rigorous research and short, straight texts, making them smile with amusing cartoons.



### **Breastfeeding Is Easy!**

*Some Useful Tips to Follow and Mistakes to Avoid to Happily Nurse Your Baby As Long As You Can*

Author: Giorgia Cozza

Illustrator: Maria Francesca Agnelli

ISBN: 978-88-6580-047-8

pages 104 € 9,00 2012

When theory is a bit confusing (feeding every three hours, or every five minutes?) and practice is even worse (wasn't supposed to come natural?), when your breast hurts, people criticize and tears (of children and mums) are a lot... Well, it is time for you to sit down and read this book. You will find some suggestions based on scientific studies, accompanied by funny tips and cartoons.



### **Being a New Mom Is Easy!**

*How to Cope with the First Months with Your Baby Happily and Peacefully*

Author: Giorgia Cozza

Illustrator: Maria Francesca Agnelli

ISBN: 978-88-6580-065-2

pages 104 € 9,00 2013

**ARABIC LANGUAGE RIGHTS SOLD**

Being a new mum is a wonderful, overwhelming experience. However, during the first weeks it may be quite hard to adapt to your newborn's requests. Your baby may cry and you may not know the reason why, you may feel tired out, and people around you may give you unrequested, confusing advices or even annoyingly critics and blame (You are spoiling her! She's colicky because of your milk! It's your fault if she can't fall asleep!). Well, in that case, sit down and read this book.

Many useful tips to cuddle the newborn and the new mom are also available.



### **Night-night Is Easy!**

*Some Useful Tips to Help Peaceful Family Sleep, and Common Mistakes to Avoid*

Author: Giorgia Cozza

Illustrator: Maria Francesca Agnelli

ISBN: 978-88-6580-063-8

pages 104 € 9,00 2013

When nights with your baby are sleepless, when everybody asks you "Is she a good baby? Does she fall asleep?" regardless of the bags under your eyes, when all information is a bit confused (wouldn't she simply eat and sleep?) and your grandmother, aunt and neighbour blame you because your little one has difficulty in falling asleep, does not sleep overnight and by himself, it is time for you to sit down and read this book. This book will also be useful to prevent all the problems above.



### **Being a New Dad Is Easy!**

*How to Cope with the Expecting, the Childbirth and the First Months with Your Baby Happily and Peacefully*

Author: Giorgia Cozza

Illustrator: Maria Francesca Agnelli

ISBN: 978-88-6580-114-7

pages 104 € 9,00 2015

**ARABIC LANGUAGE RIGHTS SOLD**

Are you about to become a dad and you have many questions about what is to come? Have you just become a dad and the baby you hold in your arms seems to be an alien coming from another world? Do you believe that a baby needs also his dad and not only his mom, as someone told you? Do you think that the birth of a child is one of the most important experience to live? Do you believe that raising a child requires the collaboration of two persons who love each other? If your answers are affirmative, this book is perfect for you! It will help you to support your journey into the adventure of fatherhood!



### **Being New Grandparents Is Easy!**

*Some Useful Tips to Welcome a Grandson or a Grand-daughter and Offer Valuable Support to Future Parents*

Author: Giorgia Cozza

Illustrator: Maria Francesca Agnelli

ISBN: 978-88-6580-117-8

pages 104 € 9,00 2015

Becoming grandparents is a wonderful adventure! They are the closest ones to new parents: with their love, support and trust they help them to face the epochal transition from children to parents with greater confidence. Their role is to stand beside the neo-family as discreet and respectful presences, ready to offer their support in case of need. If you want to guarantee support and encouragement to the new parents, but you don't know how, if you want to understand when to offer your advice and when to keep quiet, if you don't want to risk doing too much, but not too little, this book is for you: for all the grandparents who want to represent a precious resource and valid allies for the new family.

Series: Appunti Montessori (*Montessori Notes*)

# Appunti Montessori



Essays and studies on Maria Montessori's pedagogy.



Grazia Honegger Fresco (edited by)

## **Montessori: Why Not?**

*A Pedagogy for Development. Maria Montessori's Proposition Today, in Italy and in the World*

ISBN: 978-88-6580-163-5

pages 360 € 35,00

2017

A fundamental text to anyone who is interested in the life and thought of the Italian pedagogue Maria Montessori. Her thought and experiences continue to be a model and a source of inspiration for schools and pedagogical enterprises, far beyond the Children's Houses.

This essay is a collection of Montessori's writings, accompanied by reports of disciples, friends, scholars and important figures of cultural world.

Starting from a well-identifiable corpus of ideas and practices, Honegger Fresco's questions on the relationship between theoretical proposal and pedagogical initiative of a doctrine increasingly shared by teachers.



Mario Valle

## **Montessori Pedagogy and New Technologies**

*A Possible Integration?*

ISBN: 978-88-6580-174-1

pages 140 € 16,00

2017

**GERMAN AND GEORGIAN  
RIGHTS SOLD**

Maria Montessori's method and ideas aren't something tied to 19th century, something old and dusty, and the little amount of technology in her schools is not due to a refolding on the past.

Maria Montessori, who was a doctor and experimental scientist, discovered some functions of babies' brains that are being confirmed by science right now. And the Montessori approach to technologies in critical ages of children is built upon this basis: an approach that prepares babies to a world where technologies are going to be increasingly pervasive. We will finally see how the Montessori project allows to include new technologies in the educational process, helping and not hindering the development of the future inhabitants of our world.





Grazia Honegger Fresco

## **Maria Montessori, a Current Story**

*Her Life, Her Mindset, Her Testimonies*

pages 288 € 25,00  
2018

**POLISH, SIMPLIFIED CHINESE, SPANISH  
AND RUSSIAN RIGHTS SOLD**

Maria Montessori was certainly an extraordinary woman, able to inspire fervent enthusiasms and hostile convictions; even today her thoughts and her discoveries provoke contrasting reactions. In this book all the phases of her life are examined: from the first years of her education, distinguished by being one of the first medical women in Italy, to the unhappy story of the hidden motherhood; from feminist battles that embodied in her a new sensitivity of social justice, to the dedication to less fortunate children, up to her revolutionary pedagogical idea, based on the promotion of the child's skills and freedom, from childhood to adolescence. This third edition welcomes numerous updates, corrections and new chapters, thanks also to the important contribution of Maria's great-granddaughter, Carolina Montessori.

«The best biography of Maria Montessori I know»  
*Carolina Montessori*



Isabella Micheletti

## **The Language of the Child and the Montessori Thinking**

*How to Encourage the Power of Speech in the First Years of Life*

ISBN: 978-88-6580-207-6  
pages 96 € 13,00  
2019

**ARABIC LANGUAGE RIGHTS SOLD**

Language learning takes place in the child's early life, thanks to the use of innate skills that need to be practised every day.

To encourage this rich development process, it is important to set up an environment that allows quality experiences, but it is also essential that the adult establishes a relationship of understanding and respect with the child: it is recommended to offer not only a clear and correct language, but also a careful presence.

The author deals with this issue with clarity and simplicity, using a Montessori approach and suggesting practical ideas to put into practice in a family context.



Centro Nascita Montessori

## **Help Me to Eat by Myself!**

*Feeding Children from 0 to 3 Years*

ISBN: 978-88-6580-224-3  
pages 168 € 16,00  
2019

Which precious suggestions would Maria Montessori give to parents and early childhood operators on the feeding of children? What suggestions to facilitate the introduction of complementary food and make the little ones live this moment as a "pleasure", rather than a "duty"? Observation and respect for the skills and timing of each child should be the norm even at the table. Starting from WHO guidelines and the recommendations of the most important national and international pediatric scientific societies, this book wants to be a guide for all those who believe that meal time is an opportunity to help the child "to do it by himself" and discover the pleasure of the experience that comes from the taste of eating.



Elena Balsamo

### **The Montessori Alphabet**

*Words that Can Change the World*

ISBN: 978-88-6580-272-4

pages 144 € 16,00

2020

A two-voice dialogue, where the poetic voice of the author mingles together with Montessori's technical-pedagogical terms.

A collection of daily meditations, useful to understand the more important, innovative and lesser-known aspects of Montessori vision.

*Parents are not the manufacturers of their children, they are their keepers. They have to protect them in a deep, meaningful way, as if it were a holy mission.*

Maria Montessori



Enzo Catarsi

### **The Young Montessori**

*From Scientific Feminism to the Discovery of the Child*

ISBN: 978-88-6580-292-2

pages 168 € 18,00

2020

A professional biography of a young Doctor Montessori, which follows her work and her thought after the medical degree in 1896 until her pedagogical and scientific research.

The full text is focused on her strong social engagement.

*A precious book, very valuable to anyone interested on Montessori's formative years.*

Carolina Montessori



Grazia Honneger Fresco, Emanuela Coccever, Barbara Ongari

### **Three Looks on our Child**

*Discovering Maria Montessori, Emmi Pikler and Elinor Goldschmied*

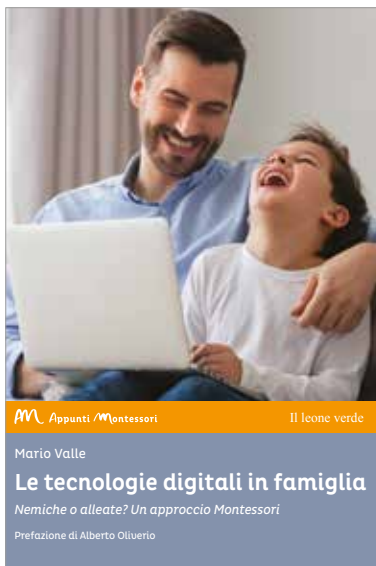
ISBN: 978-88-6580-307-3

pages 196 € 18,00

2021

In this book, the authors intend to briefly trace the life, works and thought of Maria Montessori, Emmi Pikler and Elinor Goldschmied, three great pioneers of education, who have highlighted the central role of every child in the realization of their own growth path.

The personal perspective with which of them propose the foundations of educational action (observation, quality of materials, methods of adult intervention) highlights its importance and relevance also in the professional practice of educators and teachers of our time.



Mario Valle

**Digital Technologies within the Family**  
*Enemies or Allies? A Montessori Approach*

ISBN: 978-88-6580-278-6  
pages 238 € 20,00  
2021

Our children's world is dominated by technology: tablets, smartphones and computers are now an integral part of their lives; as parents, we should "prepare them for the future". But how? In this book, Mario Valle, expert in supercomputer, refers to the thought of Maria Montessori (a great admirer of her time technologies and a profound connoisseur of the child's mind) to try to outline this future: it is not a question of demonizing or idolizing technology; the real matter is analyzing how a child's brain responds to the technological world demands and guiding new generations to an appropriate use of these devices.



Maria Montessori

**The Formation of Man**  
*The Pedagogical Heritage of Maria Montessori*

ISBN: 978-88-6580-463-6  
pages 104 € 14,00  
2022

In this book Montessori talks about the psychology of the child, about the formation of the intelligence of a human personality, how is it formed, by means of what processes and in obedience to what laws? She considers the influence of the environment on the formation of the child, the unconscious mechanism of acquiring its culture and language, the building of its character and the role of the adult in the past and future. She discusses world illiteracy in relation to the alphabet and her method of teaching reading and writing.



## Series: Parliamone (*Let's talk about*)

PARLIAMONE

Guides with updated studies on pregnancy, care, education.



Maria Cristina Baratto

### **Stop Breastfeeding?**

*How, When and Why*

ISBN: 9788865803745

pages 94 € 12 2022

It can happen that the need to end breastfeeding arises sooner for the mother than for the baby. In such cases, it is good to weigh up the reasons, get informed and proceed without haste, avoiding tricks and lies and without the use of drugs.

*Stop Breastfeeding?* is a book full of valuable advice, practical tools and food for thought that midwife Maria Cristina Baratto proposes for living this detachment to the fullest, without stress and guilt.



Irene Greco

### **Reading the Unexpected**

*Change, Separation, Death and Grief Narrated in Picture Books*


ISBN: 9788865804070

pages 222 € 18 2022

Everything flows. Children, things of the world, ourselves: everything is transforming and changing all the time. Yet change frightens us and often prevents us from facing with serenity the thousand and one questions about life and death that children ask us. Through a careful selection of picture books, the author creates the ideal spaces to 'meet the unexpected', ask questions about the metamorphosis of reality and befriend detachment, death and mourning, thanks to the power of narrative fiction and imagination. The counsellor's interventions guide adults towards greater awareness in order to be able to establish safe and reassuring communication with children.



"Children deserve maximum respect"  
Giovenale (*Satire*, XIV, 47)



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